



## Tips to Help You Choose

Need Attention-Grabbing Headline

### Need help choosing a health plan or PCP?

You must choose one of these health plans in Greater Chicago: Aetna, Blue Cross Community MMAI, Cigna HealthSpring, Humana, IlliniCare, or Meridian, and choose a doctor or clinic to be your Primary Care Provider (PCP).

You must choose one of these health plans if you reside in Central Illinois: Health Alliance Connect or Molina Healthcare, and choose a doctor or clinic to be your Primary Care Provider (PCP).

### TIP 1

Need Language that Emphasizes Consumer Rights

Choose the best plan for you:

- Read *Your Health Plan Choices* to learn about the services you can get from each plan.
- Read *How to Enroll in a Health Plan* to learn how to enroll (become a member) in the health plan you choose.
- Call or visit a community helper near you to learn more about the plans.

### TIP 2

Plain language: "Do you want to keep your doctor?"

Think about your answers to these questions:

- Do you want to keep your doctor or clinic, or do you want a new doctor or clinic?
- Does the health plan have the doctors, hospitals and specialists you use?
- Does the health plan offer long-term care options?
- What extra services does the health plan have?

### TIP 3

Find out if your doctor or clinic works with one of the health plans:

- Call us at **1-877-912-8880** (TTY 1-866-565-8576). The call is free. Call Monday to Friday from 8 a.m. to 7 p.m. and Saturday from 9 a.m. to 3 p.m., or
- Visit or call a community helper. See the list that came with this letter.

Need ombudsman information